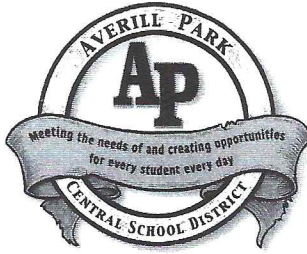


**Averill Park High School**  
Averill Park Central School District  
146 Gettle Road  
Averill Park, NY 12018  
Phone: (518) 674 - 7000  
Fax: (518) 674 - 7046



**Principal**  
Mr. Heath C. Quiles  
**Assistant Principal**  
Mrs. Christina Mein  
Mrs. Rebecca Leach  
**Athletic Director**  
Mr. Mark Bubniak

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### Parents or Guardians:

The requested information below should be included on all doctor's notes. This information, when provided, will help your child to continue to receive P.E. credit if they are able to participate in some way. This will also allow accommodations, if needed, for your child during the school day. For athletics, the more specific information provided will improve the coordinated care between the athletic trainer and nurses as well as improve the transition in returning to play.

### Ask the doctor to include these on the doctor's note:

#### Upper extremity injury:

- Return date or follow up date
- May participate in lower body workouts for P.E. or Sports
- Body part affected
- Brace or sling required to wear
- School accommodations for writing limb (scribe or copy of class notes)
- May do exercises with school athletic trainer

#### Lower extremity injury:

- Return date or follow up date
- May participate in upper body workouts for P.E. or Sports
- Body part affected
- Weight-bearing status (crutches, boot, brace)
- School accommodations (extra time to get to classes, wheelchair)
- May do exercises with school athletic trainer

#### Concussion

- State yes or no if student has concussion
- Provide follow up date (child must be re-evaluated with concussion)
- State if school accommodations are needed