

TO: Administrators

FROM: Human Resource Dept

## HEALTH - DENTAL - VISION INSURANCE RATES

2019-2020

CDPHP (EPO) RATES	TOTAL	EMPLOYERS	EMPLOYEES	21 PAYROLL	EMPLOYERS	EMPLOYEES	21 PAYROLL
		SHARE-80%	SHARE-20%	DEDUCTIONS	SHARE-75%	SHARE-25%	DEDUCTIONS
IND.	\$ 9,507.35	\$ 7,130.52	\$ 1,901.47	\$ 90.55	\$ 7,130.52	\$ 2,376.84	\$ 113.18
2 PERSON	\$ 18,843.67	\$ 14,132.75	\$ 3,768.73	\$ 179.47	\$ 14,132.75	\$ 4,710.92	\$ 224.33
FAMILY	\$ 25,240.99	\$ 18,930.74	\$ 5,048.20	\$ 240.39	\$ 18,930.74	\$ 6,310.25	\$ 300.49
MEDICARE	\$ 9,507.35						

GUARDIAN DENTAL	TOTAL	EMPLOYERS	EMPLOYEES	21 PAYROLL
		SHARE-75%	SHARE-25%	DEDUCTIONS
IND.	\$449.82	\$ 337.37	\$ 112.46	\$ 5.36
2 PERSON	\$889.85	\$ 667.39	\$ 222.46	\$ 10.59
FAMILY	\$1,720.94	\$ 1,290.71	\$ 430.24	\$ 20.49

GUARDIAN VISION	TOTAL	EMPLOYERS	EMPLOYEES	21 PAYROLL
		SHARE-75%	SHARE-25%	DEDUCTIONS
IND.	\$ 138.36	\$ 103.77	\$ 34.59	\$ 1.65
2 PERSON	\$ 209.76	\$ 157.32	\$ 52.44	\$ 2.50
FAMILY	\$ 369.24	\$ 276.93	\$ 92.31	\$ 4.40

Dependents to 26

Contact Susan Radley - Benefits Ext 7234

# CDPHP<sup>®</sup> EPO Plan Benefit Summary



Plan Code: EPOL11719  
 Group ID: 10000888  
 Presented For: Averill Park Central School District  
 Date Prepared: 11/29/2018  
 Effective Date: 7/1/2019  
 Metal Tier: N/A

	In-Network
<b>Deductible</b>	N/A Single / N/A Family
<b>Coinsurance</b>	Not Applicable
<b>Office Visits</b>	
PCP	\$25 Copayment
Live Video Doctor Visits	\$25 Copayment
Specialist	\$25 Copayment
<b>Out of Pocket Maximum</b>	\$4,620 Single / \$9,240 Family (Embedded)
Annual Benefit Maximum	Unlimited
<b>Physician Services</b>	
PCP Office Visits for illness, injury or second opinion	\$25 Copayment
Specialist Office Visits for illness, injury or second opinion	\$25 Copayment
Physician Visits during inpatient stay when billed separately from the facility	Covered in full
Chemotherapy/Radiation Therapy	\$25 Copayment
Well Baby and Child Care including immunizations and inoculations	Covered in full
Annual Adult Exam	Covered in full
Annual Gynecological Exam	Covered in full
<b>Hospital Services</b>	
Inpatient Hospital (semi-private room, anesthesia, X-Ray, lab tests, etc)	Covered in full
Newborn Nursery	Covered in full
Outpatient Surgery	\$25 Copayment
<b>Diagnostic Testing*</b>	
Outpatient Hospital Laboratory Services: * Copayment waived if provider is a designated laboratory.	\$25 Copayment
Outpatient Hospital Radiology Services: * Copayment waived if is a preferred center.	\$25 Copayment
Office Based Laboratory Services: * Copayment waived if provider is a designated laboratory.	\$25 Copayment
Office Based Radiology Services: * Copayment waived if is a preferred center.	\$25 Copayment
Mammogram	Covered in full
Cytology Screening	Covered in full
Prostate Cancer Screening	Covered in full
<b>Emergency Care</b>	
Worldwide Emergency Room Care	\$100 Copayment
Ambulance	\$100 Copayment
<b>Urgent Care</b>	
Nonparticipating urgent care facility services within the CDPHP UBI service area are not covered	\$35 Copayment
<b>Physical Therapy</b>	\$25 Copayment (120 visits per benefit period)
<b>Speech Therapy</b>	\$25 Copayment (60 visits per benefit period)
<b>Occupational Therapy</b>	\$25 Copayment (120 visits per benefit period)

# CDPHP<sup>®</sup> EPO Plan Benefit Summary



Plan Code: EPOL11719  
Group ID: 10000888  
Presented For: Averill Park Central School District  
Date Prepared: 11/29/2018  
Effective Date: 7/1/2019  
Metal Tier: N/A

Your employer has chosen the following rider(s) to modify the Plan under which you would be covered as a CDPHP Member.

## DME Riders

**Rider Name** DME2  
**Description** Durable medical equipment, prosthetics, orthotics, and oxygen are covered at 20% coinsurance in-network. There is no coverage for orthotic shoe inserts.

## Domestic Partnership

**Rider Name** ELG12  
**Description** Provides coverage for an eligible same or opposite sex domestic partner and his or her eligible dependent children.

## Medicare Split Family Rider

**Rider Name** ELGMC  
**Description** Medicare Split Family Rider

## Surviving Spouse

**Rider Name** ELG17  
**Description** Extends eligibility for surviving spouse and dependents upon the death of the subscriber.

## Union Benefit Medical

**Rider Name** UNN1  
**Description** Freestanding laboratory, radiology, and ambulatory surgery facility services are covered in full.\* Skilled nursing facility services are covered in full; up to 90 days per benefit period.\* Physical and occupational therapy services are limited to one course of 120 days or less of short term therapy for each diagnosis per benefit period, subject to visit copayment.\* Speech therapy services are limited to one course of 60 days or less of short-term therapy for each specific diagnosis and related condition per benefit period, subject to visit copayment.\* Acute short-term inpatient physical rehabilitation therapy services are limited to 60 days for each specific diagnosis and related condition for a continuous 12-month period and are covered in full.\* Outpatient surgery subject to Visit Copayment.

## Vision Coverage

**Rider Name** VSN2  
**Description** One routine eye exam is available every 24 months, commencing on the group effective date, without referral, refer to specialist office visit for cost share.



UBI : EPOL117719

Coverage for: All Tiers

Plan Type: EPO



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. **NOTE: Information about the cost of this plan (called the premium) will be provided separately.**

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-877-269-2134 . For general

definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at [www.cdphp.com/contracts](http://www.cdphp.com/contracts) or call 1-877-269-2134 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	\$0	See the Common Medical Events chart below for your costs for services this <b>plan</b> covers.
Are there services covered before you meet your <u>deductible</u> ?	No.	See the Common Medical Events chart below for your costs for services this <b>plan</b> covers.
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <b>deductibles</b> for specific services.
What is the <u>out-of-pocket limit</u> for this <b>plan</b> ?	In-Network: \$4,620 individual/ \$9,240 family.	If you have other family members in this <b>plan</b> , they have to meet their own <b>out-of-pocket limits</b> until the overall family <b>out-of-pocket limit</b> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	<b>Premiums, balance billed</b> charges, and health care this <b>plan</b> doesn't cover.	Even though you pay these expenses, they don't count toward the <b>out-of-pocket limit</b> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See <a href="http://www.cdphp.com">www.cdphp.com</a> or call 1-877-269-2134 for a list of <b>network providers</b> .	This <b>plan</b> uses a <b>provider network</b> . You will pay less if you use a <b>provider</b> in the plan's <b>network</b> . You will pay the most if you use an <b>out-of-network provider</b> , and you might receive a bill from a <b>provider</b> for the difference between the <b>provider's</b> charge and what your <b>plan</b> pays ( <b>balance billing</b> ). Be aware, your <b>network provider</b> might use an <b>out-of-network provider</b> for some services (such as lab work). Check with your <b>provider</b> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <b>specialist</b> you choose without a <b>referral</b> .

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
<b>If you need drugs to treat your illness or condition</b> More information about <a href="#">prescription drug coverage</a> is available at <a href="http://www.cdphp.com/Members/Rx-Corner">http://www.cdphp.com/Members/Rx-Corner</a>	Tier 1 drugs	Not Covered	Not Covered	None.
	Tier 2 drugs	Not Covered	Not Covered	
	Tier 3 drugs	Not Covered	Not Covered	
	<a href="#">Specialty drugs</a>	Not Covered	Not Covered	
<b>If you have outpatient surgery</b>	Facility fee (e.g., ambulatory surgery center)	\$25 <b>co-pay</b> /visit	Not Covered	You may have reduced cost share for preferred ambulatory surgery centers.
	Physician/surgeon fees	No Charge	Not Covered	None.
<b>If you need immediate medical attention</b>	<a href="#">Emergency room care</a>	\$100 <b>co-pay</b> /visit	\$100 <b>co-pay</b> /visit	All Emergency Care is considered In-Network.
	<a href="#">Emergency medical transportation</a>	\$100 <b>co-pay</b> /visit	\$100 <b>co-pay</b> /visit	All Emergency Care is considered In-Network.
	<a href="#">Urgent care</a>	\$35 <b>co-pay</b> /visit	\$35 <b>co-pay</b> /visit	You may use <b>live video visits</b> .
<b>If you have a hospital stay</b>	Facility fee (e.g., hospital room)	No Charge	Not Covered	Prior authorization required for continuous confinement services and inpatient stays.
	Physician/surgeon fees	No Charge	Not Covered	

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If your child needs dental or eye care	<u>Skilled nursing care</u>	No Charge	Not Covered	Limited to 90 days per benefit period. If you do not secure authorization before receiving care, you can be held responsible for an additional payment of 50% of the allowed amount, up to \$500 per service, in addition to your usual cost-share.
	<u>Durable medical equipment</u>	20% <b>co-insurance</b>	Not Covered	Durable medical equipment that is rented, repaired, replaced or costs more than \$1000 requires prior authorization before receiving care, otherwise you can be held responsible for an additional payment of 50% of the allowed amount, up to \$500 per service, in addition to your usual cost-share. Shoe inserts are not covered.
	<u>Hospice services</u>	No Charge	Not Covered	Limited to 210 days combined Inpatient and Outpatient.
	Children's eye exam	\$25 <b>co-pay</b> /visit	Not Covered	One routine eye exam is available every 24 months.
	Children's glasses	Not Covered	Not Covered	None.
	Children's dental check-up	Not Covered	Not Covered	Preventive Dental is not covered under your medical benefits.

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is as follows: Contact CDPHP at 1-877-269-2134 (or TTY 711), The New York State of Health NYS Department of Financial Services at (800) 342-3736 or <http://www.dfs.ny.gov/>, the Health Insurance Assistance Team of the U.S. Center for Consumer Information and Insurance Oversight at 1-877-267-2323 x61565 or [www.ccio.cms.gov](http://www.ccio.cms.gov), the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <https://www.dol.gov/ebsa/contactEBSA/consumerassistance.html>.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your **plan** for a denial of a **claim**. This complaint is called a **grievance** or **appeal**. For more information about your rights, look at the explanation of benefits you will receive for that medical **claim**. Your **plan** documents also provide complete information to submit a **claim**, **appeal**, or a **grievance** for any reason to your **plan**. For more information about your rights, this notice, or assistance, contact: CDPHP at 1-877-269-2134 (or TTY 711), The New York State of Health NYS Department of Financial Services at (800) 342-3736 or <http://www.dfs.ny.gov/>, or Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform).

**Does this plan provide Minimum Essential Coverage? Yes**

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

**Does this plan meet the Minimum Value Standards? Yes**

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

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*To see examples of how this plan might cover costs for a sample medical situation, see the next section.*



ВНИМАНИЕ: Если вы говорите на иностранном языке, вы можете воспользоваться бесплатными услугами перевода.  
Позвоните по номеру на вашей ID картечке участника (Телетайп: 711).

ATANSYON: Si ou pale yon lang ki pa Angle, war jwenn sèvis asistans lang gratis disponib pou ou. Rele nimewo ki sou kat ID manm ou a (TTY: 711).

주의: 영어 이외의 언어를 사용하는 경우 무료로 언어 지원 서비스를 받을 수 있습니다. 귀하의 회원 ID 카드에 있는 번호로 전화하십시오 (TTY: 711).

ATTENZIONE: Se non parla inglese né una lingua anglofona, sono disponibili servizi gratuiti di assistenza linguistica. Chiami il numero presente sulla scheda ID del membro (TTY: 711).

אויפגעריקאמט: אויב איר רעדט, זענען פארהאן פאר אייך שפראך הילף סערוויסטעס פון אפפאל. רופט דעם נומער און אײער מעמבער ID קארטל (711:TTY)

भागेबाग दिने: आपनि यदि इंग्रैजि बहिर्भूत कोल भाषास कथा बालेन, आपनार जना बिलि धरचम अभा सहायता उपलब्ध रायेछ। आपनार सदस्य आईडि कार्डेर नश्वरे कल करन (TTY: 711)।

UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer na Twojej członkowskiej karcie ID (TTY: 711).

تنبیه: اِنّا کنت تتحدث لغة غير الإنجليزية، تتوفر ايليک خدمات مساعدة اللغة مجاناً. اتصل بالرقم الموجود لعضويةك (TTY: 711).

ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez au numéro indiqué sur votre carte de membre (ATS : 711).

نوٹھ دین: اگر آپ انگریزی کے علاوہ دوسری زبان بولتے ہیں تو، آپ کے لیے زبان کی اعانت کی خدمات مفت دستیاب ہیں۔ ایسے ممبر آئی ڈی کارڈ پر درج نمبر پر کال کریں (TTY: 711)۔

ATENSYON: Kung nagsasalita kayo ng wikang iba sa Ingles, magagamit niyo ang mga serbisyo sa tulong sa wika nang walang bayad. Tawagan ang numero sa inyong card miyembro ID (TTY: 711).

ΠΡΟΣΟΧΗ: Αν δεν μιλάτε Αγγλικά, υπάρχουν στη διάθεσή σας υπηρεσίες γλωσσικής υποστήριξης οι οποίες παρέχονται δωρεάν. Καλέστε τον αριθμό που θα βρείτε στην ατομική σας ταυτότητα μέλους (TTY: 711).

VINI RE: Nëse flisni një gjuhë jo-anglisht, shërbime falas të ndihmës së gjuhës janë në dispozicion për ju. Telefonojini numrit në kartën tuaj të ID të anëtarit (TTY: 711).

# Notice of Nondiscrimination



**For assistance in English, call customer service at the number listed on your ID card.**

Para obtener asistencia en español, llame al servicio de atención al cliente al número que aparece en su tarjeta de identificación.

請撥打您 ID 卡上的客服號碼以尋求中文協助。

Обратитесь по номеру телефона обслуживания клиентов, указанному на Вашей идентификационной карточке, для помощи на русском языке.

Rele nimewo sèvis kliyantèl ki nan kat ID ou pou jwenn èd nan Kreyòl Ayisyen.

한국어로 도움을 받고 싶으시면 ID 카드에 있는 고객센터 전화번호로 문의해 주십시오.

Per assistenza in italiano chiamate il numero del servizio clienti riportato nella vostra scheda identificativa.

פאר הילף אין אידיש, הולצט דא דיאנאסע צענטער און דיאנאסע פאר איינע ID קארטעל.

বাংলায় সহায়তার জন্য, আপনার আইডি কার্ডে তালিকাভুক্ত নম্বরে ত্রুতা পরিসেবার ফোন করুন।

Aby uzyskać pomoc w języku polskim, należy zadzwonić do działu obsługi klienta pod numer podany na identyfikatorze.

اردو میں مدد کے لیے، کسٹمر سروس آپ کے شناختی کارڈ پر درج کردہ نمبر پر کال کریں۔

Pour une assistance en français, composez le numéro de téléphone du service à la clientèle figurant sur votre carte d'identification.

اردو زبان میں مدد کے لیے، کسٹمر سروس کو اپنے آئی ڈی کارڈ پر درج نمبر پر کال کریں۔

Para sa tulong sa Tagalog, tumawag sa numero ng serbisyo sa customer na nasa inyong ID card.

Για βοήθεια στα ελληνικά, καλέστε το τμήμα εξυπηρέτησης πελατών στον αριθμό που αναφέρεται στην ταυτότητά σας.


Për ndihmë në gjuhën shqipe, merrni në telefon shërbimin klientor në numrin e renditur në kartën tuaj të identitetit.



**Blueshield**  
of Northeastern New York

## Averill Park Central School Express Scripts Prescription Drug Plan

	Generic Drug	Brand Name Drug	Non-Formulary Generic & Brand Name Drug
Retail Copayment	\$2	\$25	\$40
Mail Order Copayment (90 day supply)	\$4	\$50	\$80
Providers	<i>Member must utilize a participating Medco Pharmacy provider.</i>		

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Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	Does not apply.	Does not apply.
Are there services covered before you meet your <u>deductible</u> ?	Does not apply.	Does not apply.
Are there other <u>deductibles</u> for specific services?	Does not apply.	Does not apply.
What is the <u>out-of-pocket limit</u> for this <u>plan</u> ?	For network providers \$1,980 individual / \$3,960 family.	If you have other family members in this plan, they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.
What is not included in the <u>out-of-pocket limit</u> ?	<u>Premiums</u> , <u>balance-billing</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See <a href="http://www.bsny.com">www.bsny.com</a> or call 1-800-888-1238 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No	You can see the in-network specialist you choose without permission from this plan.

Questions about your prescription coverage: Call 1-800-444-9940 or visit us at [www.bsny.com](http://www.bsny.com). If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at <http://www.dol.gov/ebsa/pdf/SBCUniformGlossary.pdf> or call 1-800-444-9940 to request a copy. Group ID: 00110145  
 Class:0008.0014



All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	Not applicable	Not applicable	This is a prescription drug only plan
	Specialist visit	Not applicable	Not applicable	This is a prescription drug only plan
	Preventive care/screening/immunization	Not applicable	Not applicable	This is a prescription drug only plan
If you have a test	Diagnostic test (X-ray, blood work)	Not applicable	Not applicable	This is a prescription drug only plan
	Imaging (CT/PET scans, MRIs)	Not applicable	Not applicable	
	Generic drugs (Tier 1)	\$2 co-pay/prescription	Not covered	
If you need drugs to treat your illness or condition	Preferred brand drugs (Tier 2)	\$25 co-pay/prescription	Not covered	\$4 co-pay per 90 day supply for mail order. \$50 co-pay per 90 day supply for mail order. \$80 co-pay per 90 day supply for mail order.
	Non-preferred brand drugs (Tier 3)	\$40 co-pay/prescription	Not covered	
	Specialty drugs (Tier 4)	See Limitations and Exceptions	Not covered	Specialty drugs could be generic, preferred brand, or non-preferred brand. For Member Service related to prescriptions call 1-866-591-3878.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	Not applicable	Not applicable	This is a prescription drug only plan
	Physician/surgeon fees	Not applicable	Not applicable	This is a prescription drug only plan
If you need immediate medical attention	Emergency room care	Not applicable	Not applicable	This is a prescription drug only plan
	Emergency medical transportation	Not applicable	Not applicable	
	Urgent care	Not applicable	Not applicable	
If you have a hospital stay	Facility fee (e.g., hospital room)	Not applicable	Not applicable	This is a prescription drug only plan
	Physician/surgeon fees	Not applicable	Not applicable	This is a prescription drug only plan

**Excluded Services & Other Covered Services:**

**Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)**

- |   |  |   |
|---|--|---|
| <ul style="list-style-type: none"><li>• Acupuncture</li><li>• Long Term Care</li><li>• Weight Loss Programs</li></ul> | <ul style="list-style-type: none"><li>• Cosmetic surgery</li><li>• Custodial Care</li><li>• Private Duty Nursing</li></ul> | <ul style="list-style-type: none"><li>• Dental (Adult)</li><li>• Hearing Aids</li><li>• Routine Foot Care</li></ul> |
|---|--|---|

**Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)**

- |   |  |  |
|---|--|--|
| <ul style="list-style-type: none"><li>• Bariatric Surgery Bariatric Surgery</li><li>• Infertility treatment</li></ul> | <ul style="list-style-type: none"><li>• Chiropractic Care</li><li>• Routine Eye Care (Adult)</li></ul> | <ul style="list-style-type: none"><li>• Elective Abortion</li><li>• Non-emergency care when traveling outside the U.S.</li></ul> |
|---|--|--|

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies are the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or [www.dol.gov/ebsa](http://www.dol.gov/ebsa), or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or [www.cclio.cms.gov](http://www.cclio.cms.gov) Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318-2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: 1-888-249-2583.

**Does this plan provide Minimum Essential Coverage? Yes.**

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

**Does this plan meet Minimum Value Standards? Yes.**

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

**Language Access Services:**

[Spanish (Español): Para obtener asistencia en Español, llame al 1-888-249-2583.

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-888-249-2583.

[Chinese (中文): 如果需要中文的帮助, 请拨打这个号码1-888-249-2583.

[Navajo (Dine): Dinekenho shika at'ohwol ninisingo, kwijigo holne' 1-888-249-2583.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.