



RENSSELAER COUNTY

Resources for Emotional Support

National Suicide Prevention Hotline 1-800-597-8481

Text: Got5 to 741741

Rensselaer County Dept of Mental Health 24/7 response 518-270-2800

Mobile Crisis 518-292-5499

NYS Emotional Support Line 1-844-863-9314

Mental Health Empowerment Project (MHEP) Warm Line 1-800-643-7462

**RCDMH Recovery Peer Engagement Specialist 518-925-8067 (weekdays 9-5)
After 5:00pm/Weekends 1-866-930-4999 (Project Safe Point)**

Rensselaer County Recovery HelpLine 1-833-467-3123

