

Albany Psychological Associates

1740 Western Ave, Albany

2231 Burdett Ave, Troy

518-464-4440

Insurance: does not accept Medicaid but will take CDPHP

Karner Psychological Associates

2500 Pond View Road, EGB (518-479-3043)

2280 Western Ave, Guilderland (518-456-5056)

Special Notes: adults, couples, children, groups

Insurance: takes most insurances

Peter Dallas PhD

Adult/Child Counseling Center

2 Executive Park Drive, Albany

518-424-7676

Dr. Jacqueline Bashkoff

6 Executive Park, Albany

518-482-6160

Special Notes: sliding scale

Behavioral Health Options

4 British American Blvd., Latham

518-220-8000

Special Notes: referral service for insurance

Dr. James Albert MD, 518-482-3788

12 Colvin Ave, Albany

Insurance: does not accept Medicaid, HMO insurance

Four Winds

30 Crescent Ave, Saratoga

518-581-5015

Special notes: inpatient adolescent care. Intensive outpatient care.

Pinnacle Behavioral Health -Laura Hunt

1 Pinnacle Place, Guilderland

(518) 689-0244

Special Notes: psychiatrist, med. Management, child psychologist. mindfulness practices offered

Special Notes: offers inpatient and outpatient services

Vitality Physicians

3 Pine West Plaza Suite #305, Albany

518-691-0732

Insurance: Accepts most insurances

Freedom First Psychological Services

4 Avis Dr., Ste. 101

Latham, NY 12110

560-4277

Special Notes: Assessments, Autism Spectrum Services, therapy for individuals, families or couples, support groups

Eastern Door LCSW, P.C.

620 Washington Ave., Rensselaer

518-252-7073

Special Notes: Individual, Family and Couples Counseling

CROWN East Providers

2500 Pondview Suite 207, Castleton

518-245-9349

Sue Nasughton

Special Notes: Trauma, Children and Adolescents

Scott O'Leary

Special Notes: Adults 18+