

**YOUR GUIDE
TO
MENTAL HEALTH
&
ADDICTION SERVICES**



In And Around Rensselaer County

RENSSELAER COUNTY MENTAL HEALTH SERVICES

Rensselaer County Department of Mental Health (RCDMH)

1600 7th Ave Troy, NY 12180

Website: www.rensco.com/departments/mental-health

Phone: (518) 270-2800 Fax: (518) 270-2723

Objectives: To develop and maintain a coordinated integrated continuum of services which permits all individuals to reach their personal potential and live their lives with dignity and independence.

Services Provided: See below.

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Mental Health Children's Clinic (satellite locations throughout the county)

Phone: (518) 270-2800 Fax: (518) 270-2723

Services Provided: Individual and group therapy for children and families of Rensselaer County. In addition, we offer psychiatric evaluations and medication management. Children and family services provided at satellite locations throughout Rensselaer County. Contact the Mental Health Clinic for additional satellite information.

Hours: Monday-Friday: 8 am – 5 pm with some evening hours available. Crisis Line – 24 hours: (518) 270-2800.

Target Population: Ages 5 -21.

Eligibility Criteria: Must be a resident of Rensselaer County.

How to Apply for Services: Call 518-270-2800 and ask to schedule an intake assessment.

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Mental Health Adult Clinic

Rensselaer Site- Phone: (518) 463-8869

Hoosick Falls Site- Phone: (518) 686-0694

Services provided: Individual and group therapy for Adults. In addition, we offer psychiatric evaluations and medication management.

Target Population: Ages 21 and up

Eligibility Criteria: Must be a resident of Rensselaer County

How to Apply for Services: Call and ask to schedule an intake assessment.

Adult Care Coordination Services/ Health Home

Contact: Jennifer Lemay, Adult Care Coordination Services Director

Phone: (518) 270-2867 Email: jlemay@rensco.com

Services Provided: Comprehensive Case Management, Care Coordination and Health Promotion, Comprehensive Transition Care, Patient and Family Support, Referrals to Community and Social Support Services under Capital Region Health Connections Health Homes/SPHP

Hours: Monday - Friday: 8 am – 5 pm.

Target Population: Adults

Eligibility Criteria: Adults: serious mental health condition or HIV/AIDS or two chronic conditions including physical, mental health or substance use disorders. Children: mental health needs.

How to Apply For Services: Contact the Adult Care Coordination Services Director or Capital Region Health Connections Health Homes 518-271-3010

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Children's Care Coordination Services/Health Home

Contact: Michelle Marte, Children's Care Coordination Services Director

Phone: (518) 270-2836 **Email:** mmarte@renesco.com

Services Provided: Comprehensive Case Management, Care Coordination and Health Promotion, Comprehensive Transition Care, Patient and Family Support, Referrals to Community and Social Support Services under three Health Homes

Hours: Monday - Friday: 8 am – 5 pm.

Target Population: Children.

Eligibility Criteria: Children with serious mental health condition or two chronic conditions including physical, mental health or substance use disorders.

How to Apply for Services: Call the Child and Adult Care Coordination Services Director
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Single Point of Access (SPOA)-Children

Contact: Davia Plusch, Children's Single Point of Access (SPOA) Coordinator

Phone: (518) 270-2805 **Fax:** (518) 270-2723 **Email:** dplusch@renesco.com

Services Provided: Facilitate a Level of Care meeting with the SPOA Team, which is made up of case management representatives and family support agencies, family members and the identified youth, if age appropriate. Determine if case management is appropriate and what level of care would be helpful.

Hours: Monday – Friday, 9 am – 5 pm.

Target Population(s): Youth with a mental health diagnosis (also having behavioral problems) which is interfering with their success at home, at school or in the community.

Eligibility Criteria: Mental health diagnosis.

How to Apply for Services: Contact SPOA Coordinator for an application.
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Single Point of Access (SPOA)-Adults

Contact: Kirstein DonVito, Adult Single Point of Access (SPOA) Coordinator

Phone: (518) 270-2829 **Fax:** (518) 270-2723 **Email:** kdonvito@renesco.com

Services Provided: The Adult SPOA Program helps connect specially identified applicants to the most appropriate residences and services. The goal is to remove barriers to successful community living for adults with serious mental illness.

Hours: Monday -- Friday, 9 am -- 5pm.

Target Population(s): Adults with serious mental illness who need assistance accessing residential and community services.

Eligibility Criteria: Adults with a serious mental illness.

How to Apply for Services: Contact SPOA Coordinator for an application.
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MENTAL HEALTH COMMUNITY RESOURCE SATELLITE

Unity House of Troy- Human Service Agency with a Wide Range of Services

2431 6th Ave Troy, NY 12180

Phone: (518) 274-6207

Services Provided: Unity House's Housing and Support Services Program provides ongoing case management services for adults living with mental illness, people living with HIV/AIDS and/or people with chemical abuse and domestic violence.

Hours: Monday-Friday, 8am–4:30pm.

Target Population(s): Both young adults and adults with mental illness and chemical abuse.

Eligibility Criteria: Mental Illness and/or Chemical Abuse

How to Apply for Services: Contact the Housing Support Services Program Director

Whitney Young Health Services

920 Lark Street Albany

Locations: Albany, Watervliet & Troy

Phone: (518) 465-4771 24

Services Provided: Integrated healthcare to address patient's behavioral health and physical health care needs.

Hours: Monday & Thursday 8am-6pm, Tuesday 8am-7:30pm, Wednesday 8am-5:30pm, Friday 8am-5pm

Target Population(s): Call to confirm

Eligibility Criteria: behavioral health and physical health care needs.

How to Apply for Services: Contact the office

Samaritan Hospital-Inpatient/Outpatient/Crisis Psychiatric Services (St. Peter's Health Partners)

2215 Burdett Ave Troy, NY 12180

Phone: (518) 271-3300 **Website:** <http://www.sphp.com/behavioral-health-sam>

Services Provided: acute inpatient psychiatric care, outpatient psychiatric services offered, Emergency Room/ Crisis Unit

Hours: Monday-Friday, 9am-4pm, with additional evening hours (Outpatient), Crisis Unit 24 hours through the Emergency Room.

Four Winds Hospitals

30 Crescent Ave Saratoga Springs, NY 12866

Phone: (518) 584-3600 **Website:** www.fourwindshospital.com

Services Provided: Inpatient and outpatient mental health services for children (age 5+), adolescents, and adults. Depending on insurance

Hours: Referrals can be made 24/7.

Northern Rivers: Parsons Child and Family Center

Mobile Crisis Team for Children

Phone: Referrals are made through gate keepers call RCDMH @ (518) 270-2800

Website: https://parsonscenter.org/images/Mobile_Crisis_Response_Services.pdf

Services Provided: Phone assessments and consultation; on-site face to face mental health assessments; referrals to available services; follow up from psychiatric hospitalizations; wellness calls and visits when someone is concerned

Hours: Weekdays 11am-9pm

Target Population: Children who appear to be in a mental health crisis situation.

Eligibility Criteria: Resident of Rensselaer County

How to Apply for Services: Call phone number provided above. Anonymous calls accepted.
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Mobile Crisis Team for Adults

Phone: Referrals are made through gate keepers call Samaritan Hospital @ (518) 271-3540

Website: https://parsonscenter.org/images/Mobile_Crisis_Response_Services.pdf

Services Provided: Resident of Rensselaer County. Phone assessments and consultation; on-site face to face mental health assessments; referrals to available services; follow up from psychiatric hospitalizations; wellness calls and visits when someone is concerned

Hours: Monday-Friday 12am-9pm

Target Population: Adults who appear to be in a mental health crisis situation.

How to Apply for Services: Call phone number provided above.

National Alliance on Mental Illness (NAMI)-Rensselaer County

West Sand Lake NY 12196

Phone: (518) 588-6949

Website: <https://namirensco.org/>

Contact: Marybeth Honsing, President

Email: mbhonsing@aol.com

Facebook: NAMI Rensselaer County, NY

Local Meetings: See webpage for list of meetings.

Services Provided: Education and support for families and individuals affected by mental illness in Columbia County. Advocacy at the family, county, and state level for proper treatment of those with mental illness.

Hours of Operation: Check website for local meetings and events.

Target Population: Individuals and families in Rensselaer County affected by mental illness.

How to Apply for Services: Contact President for more information.

Rensselaer County Private Practitioners with Mental Health Specialty:

Please Contact **Jennifer Haggerty**, LMSW- Rensselaer County Department of Mental Health (518)270-2841.

Ellis Medicine

1101 Nott Street Schenectady NY 12308

Crisis/Inpatient Services- (518)243.4000

Outpatient Mental Health Services – (518)243.3300

Website: <http://www.ellismedicine.org/services/mental-health.aspx>

Services Provided: Inpatient, crisis intervention, adolescent treatment center, outpatient mental health clinic, personalized recovery oriented services, peer advocacy program and case management and family support.

RENSSELAER COUNTY ADDICTION SERVICES SUPPORT GROUPS

Hudson Mohawk Recovery Center- Elizabeth's House for Women

106-108 9th Street Troy NY 12182

Phone: (518) 272-0206

Website: <http://www.hmrecovery.net/main/residential.htm>

Services Provided: Elizabeth's House is a 14 bed community residence for women age 18 and older who are seeking recovery from alcohol and other drugs. Residents will stay at Elizabeth's House for an average of 6-12 months in an effort to gain the independent living skills necessary to begin living a sober life style. The variable length of stay is designed so that we can tailor each resident's program to meet her individual treatment needs.

820 Supportive Living - Halfway House

820 River Street Troy, NY 12180

Phone: (518) 272-4246 **Website:** <https://www.rehab.com/820-river-street-halfway-house-community-residence/5512684-r>

Services Provided: Sober Living Home, Transitional Living, Halfway House, SLE, and other Recovery related services. Recovery Related Services, Sober Living Environment

Pahl House Residential Chemical

106-108 9th Street Troy, NY 12180

Phone: (518) 272-0206

Website: http://soberliving.interventionamerica.org/listing.cfm?Drug_Rehab_ID=8352&Ph
Services Provided: Sober Living Home, Transitional Living, Halfway House, SLE, and other Recovery related services. Recovery Related Services, Sober Living Environment.

Al-Anon Family Groups

Website: www.al-anon.org **Email:** wso@al-anon.org

Local Meeting: <http://al-anon.info/MeetingSearch/Al-AnonMeetings.aspx?language=EN>

Services Provided: Provide understanding and support to friends and families of problem drinkers.

Alcoholics Anonymous

Capital District Central Office: (518) 463-0906

Website: www.aa.org

Local Meetings: <http://meetings.aahmbny.org/index.php>

Services Provided: Alcoholics Anonymous is a fellowship of men and women who have had a drinking problem. It is nonprofessional, self-supporting, multiracial, apolitical, and available almost everywhere. There are no age or education requirements. Membership is open to anyone who wants to do something about his or her drinking problem.

Conifer Park

Troy Outpatient Clinic

2435 6th Avenue Troy, NY 12180

Phone: (518) 274-5143 **Fax:** (518) 273-1350

Website: www.coniferpark.com

Services Provided: Conifer Park offers outpatient treatment at six clinics which operate under licenses granted by New York State OASAS. Outpatient centers offer a full array of services which include both gender-specific, teen programming, and Medication assisted treatment. Each outpatient site offers psychiatric services to facilitate a well-integrated recovery program for clients. These clinics provide a continuum of treatment for clients making the transition home from inpatient treatment or who are seeking support on an as-needed basis.

Inpatient Services-

79 Glenridge Road Glenville, NY 12302

Phone: 1-800-989-6446

Website: www.coniferpark.com

Services Provided: Medical detox and crisis intervention services. Inpatient rehab programs (separate women's program as well). Outpatient services offered at six clinics: Schenectady, Troy, Glens Falls, Rochester, Syracuse, and Plattsburgh. Adolescent program available at Arms Acres location (www.armsacres.com).

Friends of Recovery-NY (FOR-NY) - Rensselaer Chapter

Jennifer Wilks, Organizer

1838 Fifth Avenue Troy, New York 12180

Phone: (518) 328-4999

Website: www.for-ny.org/blog/recovery_communities/friends-recovery-rensselaer-renss/

Email: recoveringinrenss@gmail.com

Services Provided: Friends of Recovery – New York (FOR-NY) is a statewide Recovery Community Organization (RCO) working on behalf of thousands of individuals and families in New York to educate decision makers and the public about addiction recovery. We are dedicated to ending discrimination and removing barriers to treatment, housing, and

employment; and we support the expansion of recovery support services for individuals and families.

Friends of Recovery-NY (FOR-NY) - Albany Chapter

1529 Western Ave Albany, NY 12203

Phone: (518) 487-4395

Website: www.for-ny.org

Email: familyrecovery@for-ny.org

Hudson Mohawk Recovery Center

Troy Location- 1724 Fifth Avenue Troy, NY 12180

Phone: (518)272-3918

East Greenbush Location - 743 Columbia Turnpike East Greenbush, NY 12061

Phone: (518) 477-7535

Website: www.hmrecovery.net

Services Provided: Offers a continuum of care, including both outpatient and residential programs. Outpatient services offered at Troy, Hoosick Falls, and East Greenbush sites. Outpatient intensive evening and intensive day programs available in Troy. Outpatient services for adolescents offered at all three sites. Residential services offered for men and women.

Nar-Anon Family Support Meetings

Website: <http://www.nar-anon.org> **Email:** wso@nar-anon.org

Local Meetings: Chatham (Wed at 7pm, Christ Emmanuel Lutheran Church, 19 Park Row, Chatham, NY 12037); meetings in Capital Region also.

Contact: Lori Antonson (518) 858-6124

Services Provided: The Nar-Anon Family Groups are a worldwide fellowship for those affected by someone else's addiction. As a twelve step program, we offer our help by sharing our experience, strength, and hope.

Narcotics Anonymous

Phone: ABCD Regional Helpline

Phone: (888) 399-5519

Website: www.na.org

Local Meetings: <http://abcdrna.org/list-search/>

Services Provided: NA offers recovery from the effects of addiction through working a 12-step program, including regular attendance at group meetings. Group meetings provide help from peers and offer an ongoing support network for addicts who wish to reach and maintain a drug-free lifestyle.

Rensselaer County Department of Mental Health- Substance Abuse Prevention and Recovery Services

1600 7th Ave Troy, NY 12180

Webpage: www.rensco.com/departments/mental-health/student-assistance-program

Phone: (518) 270-2841 –**Jen Haggerty, LMSW** **Email:** jhaggerty@rensco.com

Substance Abuse Prevention

Services Provided: School and Community Based; Providers deliver a wide range of services including evidence-based education programs, prevention counseling and referrals, skills development workshops, training sessions for parents, teachers, and other professionals, positive alternative activities for youth and policy change and enforcement efforts to reduce drug and alcohol use.

Location: Averill Park CSD, Berlin CSD, East Greenbush CSD, Lansingburgh CSD, Rensselaer CSD, Troy CSD.

Peer Engagement Specialist

Phone: Office- (518)270-2857 **Cell-** (518-925-8067) - **Jesse Chapman** (CRPA) - Certified Recovery Peer Advocate)

Email: jchapman@rensco.com

Recovery Services Provided: Provide support, encouragement and guidance in finding appropriate services to persons misusing substances and/or who are in recovery. The Peer Engagement Specialist develops brief service plans and provides referrals and linkages to needed services/supports. Peer Engagement Specialists are in Recovery, they have personal experience and expertise in addiction services. They tend to be especially effective with outreach and engagement of people who are struggling with recovery and/or have been reluctant to participate in services.

St. Mary's Hospital Addiction Services (St. Peter's Health Partners)

1300 Massachusetts Ave Troy, NY 12180

Phone: (518)268-5542

Detox: (518) 268-5005

Website: www.sphp.com/addiction-smh

Inpatient Rehabilitation and Outpatient Detoxification Program

Services Provided: St. Mary's offers both inpatient and outpatient substance abuse services for adults, including Outpatient Detoxification for opiate dependence and a structured inpatient rehabilitation program.

Upstate Physicians

300 4th Street Troy NY 12180

Phone: (518) 687-1960

Website: <https://www.southtroymedical.com/new-haven>

Services Provided: New Haven is a non-intensive outpatient addiction treatment program with medication assisted treatment. Insurances we are currently accepting: Fidelis Care NY, CDPHP, and Medicaid/Medicare NY.

NYS Office of Alcoholism and Substance Abuse Services (OASAS)

1450 Western Ave Albany, NY 12203-3526

Phone: (518) 473-3460

Website: www.oasas.ny.gov

Services Provided: Oversees state-run treatment centers. Provides guidance, oversight, advocacy for persons affected by alcohol and/or substance use.

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OASAS HopeLine

Phone: (877) 8HOPENY or (877)-846-7369

Services Provided: Offering help and hope 24 hours a day, 365 days a year for alcoholism, drug abuse and problem gambling. Crisis and motivational interviewing for callers in need; referrals to more than 1,500 local prevention and treatment providers; 48-hour call-back to... those who wish to be contacted; multi-lingual. All calls are confidential.

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OASAS Bed Availability Dashboard

Website: <https://bi1.oasas.ny.gov/analytics/saw.dll?Dashboard>

Purpose: Search bed availability using a single criteria or any combination of county, city, organization, gender and age group. Residential only, not outpatient.

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OASAS Provider Directory Search

Website: https://www.oasas.ny.gov/providerDirectory/index.cfm?search_type=2

Purpose: Online database of all Certified Providers, searchable by Region, County, Zip Code and Program Type.

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OASAS Regional Field Office Staff

Website: www.oasas.ny.gov/pio/regdir.cfm

Purpose: Directory of 11 OASAS Field Staff Offices, including contact information and address.

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State-Operated Addiction Treatment Centers (ATCs)

Website: <https://www.oasas.ny.gov/atc/index.cfm>

Purpose: Admission Criteria, full list of 12 ATC's, including address, list/link to catchment area map and contact info.

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Level of Care for Alcohol and Drug Treatment Referral

Website: <https://www.oasas.ny.gov/treatment/health/locadtr/index.cfm>

Purpose: Web-based tool used by substance abuse treatment providers, Medicaid Managed Care plans, and other referral sources to determine the most appropriate level of care for a client with a substance use disorder.

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OASAS Guide to Accessing Treatment for Individuals & Families Seeking Support

Website: <https://www.oasas.ny.gov/treatment/index.cfm>

Purpose: View 10 brief educational videos below that provide general information about navigating the substance use disorder system of care. This video series describes the types of substance use disorder treatment services available and answers common questions individuals and families may have about treatment and recover.

PEER SUPPORT GROUPS

Smart Recovery

Website: www.smartrecovery.org

Local meetings in Rensselaer County (Weds. night) and Albany County (Thurs. night), SMART stands for Self-Management and Recovery Training and is a cognitive behavioral approach to recovery.

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Gamblers Anonymous

Website: www.gamblersanonymous.org

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Gam-Anon

Support group for friends and family members of individuals with gambling disorder
www.gam-anon.org

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Heroin Anonymous

Hotline: (518) 227 0294

Website: heroinanonymousnycd.org

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Celebrate Recovery

A Christian, faith-based approach to recovery.

Contact: Jennifer Wilks (518) 894 3941

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Refuge Recovery

A Buddhist approach to recovery, meetings Wednesday nights in Albany

Website: www.refugerecovery.org

ADDICTION SERVICES OUTSIDE OF RENSSELAER COUNTY

Belvedere Addiction Services

1 Van Tromp Street Albany, NY 12207

Phone: (518) 694-9400 **Website:** <http://www.belvederehealthservices.com/belvedere-addiction-services>

Services Provided: We provide outpatient addiction treatment for adults 18+ with alcohol and drug addiction, impaired driving history, behavioral challenges, specialty program for adults with cognitive challenges, such as post-traumatic stress disorder (PTSD), multiple sclerosis (MS), learning disabilities, including intellectual disabilities (ID) and Alzheimer's disease. Belvedere addiction services have addiction programs for a wide range of issues and combinations of issues, including: opioid addiction treatment, heroin addiction treatment, alcohol addiction, medication-assisted treatment including Suboxone and Vivitrol, individual treatment, group therapy, and treatment for drivers charged with DWI/DWAI

St. Peter's Addiction Recovery

64 Second Ave Albany, NY 12202

Phone: (518) 449-5170

Website: <http://www.sphcs.org/outpatientrehabilitation>

Services Provided: SPARC outpatient clinics provide care for persons and families experiencing drug and alcohol problems. We also include complicating medical, psychiatric, family and other issues in our treatment processes.

Addictions Care Center of Albany (ACCA)

90 McCarty Ave Albany NY 12202

Phone: (518) 465-5470 **Website:** www.theacca.net

Services Provided: Outpatient services offered including day rehab, a medically-supervised outpatient program, and an evening program (1044 Broadway Ave., Albany. 434-2367). Community residences offered for men and women who are in early to later stages of recovery (434-8083).

Family Navigator Program- Offering family support navigation services that focus on family issues resulting from addiction. Contact Nicole Charbonneau at (518) 465-5829 x416 or ncharbonneau@theacca.net

Capital City Rescue Mission

259 S. Pearl Street Albany NY 12202

Phone: (518) 462-0459 **Website:** <http://www.capitalcityrescuemission.com>

Services Provided: Free shelter, clothing, food (3 meals/day, 365 days/yr), clothing provided to residents in need. Addiction recovery program as well. Residents who participate in addiction recovery program are sheltered 9 months - 1 year.

Conifer Park

79 Glenridge Road Glenville NY 12302

Phone: 1-800-989-6446 **Website:** www.coniferpark.com/

Services Provided: Medical detox and crisis intervention services. Inpatient rehab programs (separate women's program as well). Outpatient services offered at six clinics: Schenectady, Troy, Glens Falls, Rochester, Syracuse, and Plattsburgh. Adolescent program available at Arms Acres location (www.armsacres.com).

Cornerstone of Rhinebeck

91 Serenity Hill Road Rhinebeck NY 12572

Phone: (845) 266-3481 **Website:** www.cornerstoneny.com

Services Provided: Cornerstone offers Inpatient rehab and medical detox. 24 inpatient units that operate 24/7.

Alliance for Positive Health

927 Broadway, Albany NY 12207

Phone: (518) 434-468 **Website:** <http://www.allianceforpositivehealth.org/programservices/>

Services Provided: Mental Health Education and Substance Abuse Outreach and Referral Services

Camino Nuevo-Substance Abuse/Rehabilitation

175 Central Ave, Albany NY 12206

Phone: (518) 729-56559 **Website:** <http://www.acacianetwork.org>

Contact **Mickey Jimenez** for information Mjimenez@promesa.org

Services Provided: Outpatient treatment and substance abuse counseling, Methadone and Suboxone

Mohawk Opportunities

201 Nott Terrace Schenectady NY 12307

Phone: (518)374-8424 **Website:** <http://www.mohawkopportunities.org/programs.html>

Services Provided: Offers mental health services and housing

Capital Care Integrated Behavioral Health

2125 River Road, Suite 303 Niskayuna, NY 12309

Phone: (518) 452-1337 **Website:** http://www.capcare.com/about/Our-Services_76_ph.htm

Services Provided: Drug Abuse and Addiction

Hometown Health

1044 State Street Schenectady 12303

Phone: (518) 370-1441

Website: <http://www.hometownhealthcenters.org/services/behavioral>

Services Provided: Our Behavioral Health Services team offers counselling for many common illnesses, such as Depression, Anxiety, ADHD, and Post-Traumatic Stress.

Adirondack Health Institute

101 Ridge St, Glens Falls 12801

Phone: (518) 480-0111 **Website:** <http://www.ahihealth.org/healthhome/>

Services Provided: AHI is a New York State-designated lead Health Home and serves all ages. A Health Home is not a place; it is a care management service that connects community

and social supports with health care, and provides better organization of medical and behavioral health care. A Health Home ensures all caregivers involved with a person talk to one another so they can focus on their client's needs.

Albany Medical Center

47 New Scotland Ave Albany 12208

Phone- (518) 262-3125

Websitehttp://www.amc.edu/patient/services/childrens_hospital/pediatric_behavioral_health/contact_directions.cfm

Services Provided: Albany Medical Center's developmental and behavioral health program is a part of the Pediatric Group.

Saratoga Center for Family

359 Ballston Ave Saratoga Springs 12866

Phone: (518) 587-8241 **Website:** <http://www.saratogacff.org/mental-health-services/>

Services Provided: Saratoga Center for the Family offers individual and group counseling for children, families and adults at our agency office in Saratoga Springs and through our Student Empowerment Services at Shenendehowa Central Schools and South Glens Falls Schools.

Health Alliance of the Hudson Valley (Benedictine Hospital)

105 Mary's Avenue, Kingston, NY 12401

Phone: (845) 338-2500 **Website:** www.hahv.org/find-care/services/addiction-recovery/

Services Provided: Medical Detox, Inpatient Addiction Treatment Program, and Inpatient Rehab offered in a hospital setting. Outpatient treatment offered at Bridge Back of Kingston (Benedictine) Hospital in two locations: Kingston and Saugerties (845-943-6091).

Hope House, Inc.

573 Livingston Ave Albany, NY 12206

Phone: (518) 482-4673 **Website:** www.hopehouseinc.org

Services Provided: Bette Center is a 35-bed, co-ed, long-term residential intensive treatment program (261 N. Pearl St., Albany. 465-2441). Hubbard Centers are clinically-intensive residential communities for adolescents age 13-21 (573 Livingston Ave., Albany. 452-0001 (boys). 486-8965 (co-ed)). Outpatient services located at 747 Madison Ave., Albany (427-8207). Women and children's supportive 'halfway house' located at 890 Madison Ave., Albany (453-8351).

McPike Addiction Treatment Center

1213 Court Street Utica, NY 13502

Phone: (315) 738-4600 **Website:** www.oasas.ny.gov/atc/mcpike/general.cfm

Services Provided: A 68-bed, NYS-operated inpatient facility providing a proven individualized program of recovery for adult men and women who have a chemical addiction. Serves 16 counties, including Columbia and Greene.

Mid-Hudson Addiction Recovery Centers, Inc. (MARC)

51 Cannon Street Poughkeepsie, NY 12601

Phone: (845) 452-8816 **Website:** www.marc.us.com

Services Provided: Crisis Center offers inpatient non-medical detox. Bolger House is a 24-bed men's residence. Florence Manor is a 24-bed female residence. Dowling House is a co-ed, 12-bed, supported housing environment.

New Choices Recovery Center

302 State Street Schenectady, NY 12305

Phone: (518) 346-4436 **Website:** www.newchoicesrecovery.org

Services Provided: Outpatient and residential services provided.

Richard C. Ward Addiction Treatment Center

117 Seward St., Suites 12-16, Middletown, NY 10940

Phone: (845) 341-2500 **Website:** www.addicted/org/directory/item/rc-ward-addiction-treatment-center-inpatient-rehabilitation-unit.html

Services Provided: A 60- bed, NYS-operated, inpatient facility offering innovative treatment and services to aid in the recovery of addicts and their families. Ward ATC offers Acupuncture Services, a Specialized Women's Track, Dual Recovery Groups, and a new creative arts program called Innervisions to help addicts express feelings in healthy ways. Serves a 10-county area including Columbia and Greene.

Samaritan Daytop Village

Administrative Headquarters: 138-02 Queens Blvd., Briarwood.

Phone: (718) 206-2000 or 1-800-532-HELP (4357) **Website:** www.samaritanvillage.org

Services Provided: In late 2015, Daytop Village, Inc merged with Samaritan Village. All levels of care provided. Long term residential treatment programs in Ellenville and Rhinebeck.

St. Joseph's Addiction Treatment Center

91 Woodruff Street Saranac Lake, 12983

Phone: (518) 891-3950 or (877) 813-8647 **Website:** <http://www.stjoestreatment.org>

Services Provided: Inpatient and outpatient treatment and aftercare services offered to men, women, teens and their families, veterans in several locations in NYS.

St. Mary's Healthcare Addiction Services

427 Guy Park Avenue Amsterdam, NY 12010

Phone: (518) 841-7325 **Website:** www.smha.org/our-doctors/addiction-services

Services Provided: Medical alcohol detox provided at St. Mary's hospital in Amsterdam. 24/7 crisis hotline (842-9111). Inpatient rehab (St. Joseph's Hall) at St. Mary's hospital location (841-7325). Opioid treatment, including Methadone Maintenance Treatment Program (843-4410). Outpatient clinic services including services for dually diagnosed (843-4410). Evening rehab offer intensive alcoholism treatment four evenings/week, allowing a person in treatment to maintain employment (843-4410).

St. Peter's Addiction Recovery Center (SPARC)

3 Mercycare Lane Guilderland, NY 12084

Phone: (518) 452-6700 **Website:** www.sphcs.org/addictionrecoverysparc

Services Provided: Medical detox offered at St. Peter's hospital in Albany. Outpatient services available for those ages 18+ in six facilities (located in Albany, Schenectady and Saratoga counties). Inpatient treatment available at Guilderland location. SPARC also operates a men's community residence in Albany County. Adolescents (age 13-18) can seek treatment at one of four different outpatient facilities (Latham, Cohoes, Saratoga Springs, Schenectady).

Mental Health Association of Columbia- Greene Counties

Youth Clubhouse

Hudson Site: 802 Columbia St., Suite 2. Catskill Site: 445 Main St.

Phone: (518) 567-7771

Website: www.mhacg.org/services/children-families/

Contact: Kai Hillman, Director **Email:** khillman@mhacg.org

Facebook: Youth Clubhouse of Columbia-Greene Counties

Services Provided: The Clubhouses provide a safe, supportive, alcohol and drug free environment for its members. Peer driven activities will promote health, wellness, and long-term recovery. (I.e. Recreation, Pro-social activities, health and wellness, educational/employment support, recovery/peer support, evidenced based programming, skill building, and family engagement).

Hours: Thurs 3-9pm, Fri/Sat 3-10pm (Days and hours subject to change)

Target Population: Clubhouses welcome all youth 12-17 and young adults 18-21 in recovery from drugs or alcohol, or at risk of developing a substance use disorder.

Catholic Charities of Columbia and Greene Counties

Columbia Co.: 431 East Allen Street, Hudson, NY 12534

Phone: (518) 828-8660

Greene Co.: 66 William Street, Catskill, NY 12414

Phone: (518) 943-1462 **Fax:** (518) 828-4016

Email: info@cathcharcg.org

Website: www.catholiccharitiescg.org

Services Provided: Alcohol and Substance Use Prevention Program (school-based); provide information and referral services.

Hours: Monday, Tuesday, Thursday, and Friday, 8:30 am - 4 pm; Wednesday, 11 am – 7 pm; other hours vary by program.

Target Populations: Poor and vulnerable children and families.

Eligibility Criteria: Varies by Program.

How to Apply for Services: Call 828-8660.

Chatham Cares 4 U Outreach Initiative Program

Chatham Police Department

Village Hall, 77 Main St., Chatham, NY 12037

Phone: 877-467-3365

Services Provided: In partnership with the Police Assisted Addiction Recovery Initiative, Chatham Cares 4 U encourages residents struggling with substance use to walk into the police station, turn over their drugs and ask for help. Instead of being charged, individuals will be placed into a drug treatment program regardless of financial means and/or insurance coverage. Participants will be assigned a volunteer to assist and guide them throughout the recovery process.

Columbia County Community Healthcare Consortium

325 Columbia St., Suite 200, Hudson, NY 12534

Phone: (518) 822-8820

Website: www.columbiahealthnet.org

Services Provided: The Healthcare Consortium helps residents in Columbia and Greene Counties to get and stay healthy by increasing their access to healthcare services. Services include: Assistance enrolling in health insurance, including Medicaid, Child Health Plus and the Essential Plans, help getting low or no –cost prescription medications; information about

long-term services and supports; and, non-emergency medical transportation (Columbia County residents only).

Columbia County Pathways to Recovery

PO Box 486, Chatham, NY 12037

Phone: (518) 966-2775

Email: columbiapathwaystorecovery@gmail.com

Website: www.columbiapathwaystorecovery.org

Services Provided: CPR is a Recovery Community Organization (RCO), a grassroots group responding to the need for education, awareness, advocacy and change in regard to addiction in Columbia County. Monthly meetings are open to the public and geared towards finding and increasing pathways to recovery.

Councils on Addiction of New York State (CANYS)

Columbia/Greene Council: Twin County Recovery Services

350 Power Ave., Hudson, NY 12534

Phone: (518) 751-2083

Website: www.canys.net/councils.htm Email: BethS@twincountyrecovery.org

Services Provided: CANYS is an organization of prevention, education, treatment and intervention agencies throughout NYS that meets to address concerns and issues that affect residents of NYS.

Twin County Recovery Services, Inc.

350 Power Avenue; PO Box 635

Hudson, NY 12534. 428 W. Main St. Catskill, NY 12414

Phone: (518) 751-2083 ext. 320 Fax: (518) 751-2086

Website: www.twincountyrecovery.org

Services provided: Outpatient clinics (addiction medications, including Vivitrol and Suboxone prescribed), community residences, community prevention, Drinking Driver Program, Jail Addiction Counseling Services (at Columbia County Jail).

Hours: Vary depending on program. Outpatient: Monday – Friday, 8 am – 7 pm.

Target Population: Individuals with alcohol and substance abuse problems.

Eligibility Criteria: Diagnostic.

How to Apply for Services: Call or stop in

NARCAN (NALOXONE)

Naloxone is an emergency medicine that can stop an opioid overdose

N-CAP

The N-CAP co-payment reimbursement process is open to any valid prescription or standing order for anyone with prescription coverage. There are no enrollment requirements for individuals. If you have insurance you can use N-CAP to cover up to \$40 in prescription co-payments so there are no or lower out-of-pocket expenses when getting naloxone at a participating pharmacy.

Rensselaer County Department of Health

Rensselaer County Department of Health offers free training on heroin/opioid overdose prevention. Registration is required! You will receive a card of completion when you are finished and will go home with an overdose kit. We offer to everyone in the public with or without insurance. We hold trainings in the county building once a month and at St. Mary's

hospital once a month. We also will go to community organizations and hold trainings for 10 or more people. Please contact Kelsey at **(518) 270-2651** or by email Ksargood@rensco.com

Project Safe Point

These trainings are open to the general public; learn the signs and symptoms of Heroin and Opioid overdose. Learn how to use Intramuscular Naloxone to respond to an overdose. Each individual will receive a Naloxone kit as part of the training and the training is Free and will be completed in one hour. Any questions contact Luke Grandis, Project Safe Point Program Coordinator: Lukeg@ccalbany.org or **518-449-3581 EXT. 136**

TRANSPORTATION

A+ Medi Transportation
23 Railroad Ave Albany. NY
Phone: (518) 433-7433

Action Transportation
Schenectady
Phone: (518) 649-3366

ASAP Medical Cab
123rd Street Troy NY
Phone- (518) 237-2727

Capital District Med Transport
203 Spruce Street Albany, NY
Phone- (518)433-1600

Empire Taxi
1st Street Rensselaer NY
Phone: (518) 605-8490

TAXI SERVICE'S

Black And White
415 Fulton Street Troy, NY
Phone: (518) 272-6961

Capitaland
159 4th Street Troy, NY
Phone: (518) 270-8294

Capitaland (Albany)
21 Essex Street Albany, NY
Phone: (518) 456-8294

Lyft
Website: www.lyft.com
Create an account online

Uber
Website: www.uber.com
Create an account online

This guide is in collaboration with the Rensselaer County Heroin Coalition and Carl Quinn from Columbia County Pathways to Recovery. Suggestions for updates and additions can be submitted to Taylor Welch at any time by email Twelch@rensco.com Thank you to Jennifer Haggerty and Jesse Chapman of The Mental Health Department, Taylor Welch of The Public Health Department, and the members of the Rensselaer County Heroin Coalition for their contributions to this document.