



Michael McDowell '87

Michael is a 1987 graduate of Averill Park High School. After graduation he attended Delhi Tech, majored in Hotel Management, and received his degree in 1989. Mike and his wife Susan have two children, Courtney and Katie, who also went through the Averill Park school system. Michael is a franchise owner of Snap-On Tools and is a major sponsor of the Averill Park Youth Wrestling program.

While attending Averill Park, and following in the footsteps of his brothers Warren and Kevin, Michael participated in football and wrestling for four years. As a wrestler, he was a member of Patroon Conference Championship teams from 1984-87. He was a two-time Section 2 champion in 1986 and 1987. He placed 2nd at the NYSPHSAA Championships in his weight class in 1986 and he placed 5th at the NYSPHSAA Championships in his weight class in 1987, making him the only two-time state place finisher in Averill Park history. Michael was also the Averill Park Most Valuable Wrestler in 1987. At Delhi Tech, Mike was the NJCAA Regional Champion in his weight class in 1988. He also participated in the 1985 and 1986 Empire State Games.

When it comes to wrestling, the McDowell family name is synonymous with dedication and commitment to the sport. Starting in 1989 the major awards in wrestling were given in honor of Michael's father, Warren "Mac" McDowell. The categories include most outstanding, career achievement, scholar-athlete and most improved. Even Michael's mom Pat and his sisters were deeply involved in the wrestling program. Michael's induction into the Averill Park Athletic Hall of Fame could certainly be considered a "family" accomplishment.

