



Rebecca Pollock Seidenstein '95

Rebecca graduated from Averill Park High School in 1995. Upon graduation, she attended Wake Forest University and received a Bachelor of Arts degree in Communications in 1999. Currently Rebecca is employed by a fashion company, Rag & Bone, as Chief People Officer (Head of Human Resources). She and her husband Daniel reside in Brooklyn and have two children, Ivy and Zoe.

While at Averill Park, Rebecca competed for both the cross country and outdoor track & field programs for five years. In cross country Rebecca was the 1993 NYSPHSAA Class B champion, the 1991 NYSPHSAA Class B runner-up, a two-time Section 2 Class B champion (1993-94), the NYS Federation Meet runner-up (1993), and finished 13th at Foot Locker Nationals and was named an All-American in 1993. Rebecca was a part of and captained many accomplished cross country teams at Averill Park. She was a member of three Colonial Council championships (1991, 1993-94), four Section 2 championships (1990-91, 1993-94), a NYSPHSAA championship (1990), and two NYSPHSAA runner-up teams (1993-94). In outdoor track & field Rebecca was the 1993 NYSPHSAA Class B 1500 meter champion and still holds the Averill Park school record with a time of 4:35.08.

At Wake Forest Rebecca competed in cross country and track & field from 1995-1999. She received All-Region honors in cross country in 1998 and competed in the NCAA Cross Country Championships. She was in the top five on her cross country team all four years of her career at Wake Forest. Rebecca's many personal accomplishments clearly benefited the teams to which she was a part of.

