



## **Don Favro '98**

Don is a 1998 graduate of Averill Park High School. He then attended SUNY Brockport, where he earned a bachelor's degree in 2003, majoring in physical education. Don resides in Watervliet with his wife Amy and their three children Kole, Jack and Fitz. He is currently employed by the Guilderland Central School District as an elementary physical education teacher at Altamont Elementary School.

At Averill Park Don wrestled for five years and played football for two years. As a wrestler Don was team captain and MVP as a junior and senior. He is a four-time Section 2 Class B place finisher, a two-time Section 2 Class B Champion and a four-time Section 2 Qualifier (placing 2nd a junior and 1st as a senior). As a senior Don went on to place 5th at the NYSPHSAA Championships. During his time at Averill Park, the wrestling team won five consecutive league championships and compiled a team league record of 45-0.

Don qualified for the Empire State Games in 1996 and was the Greco-Roman champion. In 1996 and 1997 Don was also a Greco-Roman National Qualifier. He is a four-time Empire State Game champion and a two-time Northeast Regional champion.

As a football player Don was named All-Conference defensive end as a junior and senior.

At SUNY Brockport Don wrestled for four years. His accomplishments include most team pins in 2001, a three-time conference place finisher and a two-time college state place finisher. In 2002 Don placed 7th at the NCAA DIII Championships and was the first Averill Park graduate to be named an All-American. During Don's collegiate career his team won the 2000 Dual Meet National Championship and were Empire Conference Champions in 2000, 2001 and 2003.

In addition to teaching at Guilderland Don has been on the wrestling coaching staff for 20 years and is currently the varsity head coach. He has also been on the football coaching staff for 20 years.

