

Scan the QR Code to fill out the Household Income Eligibility Form (HHIE)! The data gathered from the HHIE form can qualify students for additional benefits and allows the district to receive additional state and federal funding.



# MENU

SEPTMBER

## Elementary & Middle School Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Labor Day No School 2	Conference Day No School 3	Conference Day No School 4	<b>Chicken Nuggets</b> 5 Warm Garlic Knot Mashed Potatoes Fresh Veggie with Hummus	<b>Cheese Pizza</b> 6 Steamed Mixed Veggie Blue Raspberry Applesauce Cup
<b>French Toast Sticks</b> 9 Turkey Sausage Links Sweet Potato Tots Orange Juice & Syrup	<b>Ultimate Nachos</b> 10 Salsa & Sour Cream Refried Bean Dip Yellow Corn Rainbow Pepper Sticks	<b>Popcorn Chicken Bites</b> 11 <b>Mozzarella Sticks</b> Marinara Sauce Crinkle Cut French Fries Fresh Veggie with Dip	<b>Macaroni &amp; Cheese</b> 12 Corn Muffin Breaded Broccoli Bites Warm Cinnamon Apples	<b>Cheese Pizza</b> 13 Steamed Mixed Veggie French Toast Graham Crackers
<b>Ham &amp; Cheese Croissant</b> 16 Tomato Soup Goldfish Crackers Steamed Green Beans	<b>Rotini with Meat Sauce (beef)</b> 17 Garlic Breadstick Fresh Veggie Cup w/Dip Watermelon Wedge	<b>Hot Dog on a Bun</b> 18 French Fries <b>Corn on the Cob</b> Baked Beans Harvest of the Month	<b>Crispy Chicken Sandwich</b> 19 Sweet Potato Fries Fresh Grape Tomatoes	<b>Cheese Pizza</b> 20 Steamed Mixed Veggie Mango Peach Applesauce Cup
<b>Chicken &amp; Waffles</b> 23 Sweet Potato Fries 100% Juice Cup Syrup Cup	<b>Cheesy Breadsticks with Marinara Sauce</b> 24 Green Beans Baby Carrots Cocoa Brownie Bar	<b>Chicken Nuggets</b> 25 Warm Garlic Knot Smiley French Fries Fresh Veggie with Hummus	<b>Tortellini Alfredo with Chicken</b> 26 Garlic Texas Toast Peas & Carrots Fresh Grape Tomatoes	<b>Cheese Pizza</b> 27 Steamed Mixed Veggie Emoji Graham Crackers
<b>Cheeseburger</b> 30 French Fries Rainbow Pepper Sticks Choc Chip Cookie	1	2	3	4

### View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change. Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

In collaboration with  
**CAPITAL REGION BOCES**  
SHARED FOOD SERVICE PROGRAM