



Kristin Castle Heustis '99

Kristin is a 1999 graduate of Averill Park High School. Kristin attended The College of Saint Rose and graduated in 2003 with a degree in special education and elementary education. She is currently employed by the Shenendehowa Central School District as a special education teacher. Kristin, along with her two boys Braydon and Cameron and her fiancé Bobby reside in Wynantskill.

At Averill Park Kristin played softball for four years and volleyball for two years. Most notably in softball she was a four-year starter and finished her career with a 41-6 record in the circle. Kristin led her team to three consecutive Colonial Council championships, played in the Section 2 Class B final as a sophomore, was a two-time Colonial Council MVP and a Colonial Council 1st team all-star for all four years of her career. As a junior and senior, she was a Troy Record 1st team all-star. As a senior Kristin won the Aileen Durrant award, annually presented by the Capital District Softball Umpires to a graduating senior who exemplifies good sportsmanship, leadership and athletic ability while competing on the softball field. She was also a Section 2 Player of the Year nominee as a senior.

At The College of Saint Rose Kristin played softball for four years. She was a team captain and four-year starter. Each year she garnered NE-10 Weekly Honors and ECAC Pitcher of The Week. As a senior she was named an All-American, appearing in 25 games with 112 innings pitched and a 2.80 ERA. Kristin closed out a stellar career at St. Rose among the school's all-time leaders in strikeouts, wins and ERA. She struck out 171 batters to go with 24 wins and a career 2.61 ERA.

After college Kristin was an assistant coach at Colonie High School from 2007-09 and a pitching coach at Hudson Valley Community College in 2013 and 2014. To this day she continues to coach softball and give individual pitching lessons under Castle's Performance Pitching.

