



MENU

Harvest of the Month

NYS Sweet Potato

& Carrot

FEbruary

February 11th



Elementary & Middle School

LUNCH

Crispy Chicken Patty Sweet Potato Fries Yellow Corn Chocolate Chip Cookie	Pineapple Teriyaki Chicken Fried Rice & Dumplings Steamed Broccoli Baby Carrots & Hummus	Bosco Sticks with Marinara Sauce Peas & Carrots Fresh Grape Tomatoes	Rotini with Meat Sauce Garlic Breadstick Seasoned Green Beans Cucumber Coins	Cheese Pizza Steamed Mixed Veggie Fresh Veggie w/ Hummus Cinnamon Applesauce Cup
Popcorn Chicken Bites Mozzarella Sticks Marinara Sauce Crinkle Cut French Fries Fresh Veggie with Dip	Tortellini Alfredo with Chicken Garlic Bread Roasted Broccoli Rainbow Pepper Sticks	Sunrise Waffle-wich (Grilled Cheese) Sweet Potato Chili OR Chili Roasted Sweet Potato Fresh Veggie Cup	Meatball Sub Cheesy Garlic Mashed Potatoes Grape Tomatoes Mini Rice Krispy Treat	Personal Cheese Pizza Steamed Mixed Veggies Fresh Veggie w/ Hummus Blue Raspberry Applesauce
No School Winter Break	No School Winter Break	No School Winter Break	No School Winter Break	No School Winter Break
Pizza Crunchers Garlicy Green Beans Yogurt Cup Celery Sticks Cocoa Cherry Bar	Chicken & Cheese Tacos Salsa & Sour Cream Tortilla Chips w/Bean Dip Yellow Corn	French Toast Sticks Turkey Sausage Links or Cheesy Egg Bite Potato Wedges NYS Apple Juice & Syrup	Macaroni & Cheese Garlic knot Roasted Broccoli Grape Tomatoes	Cheese Pizza Steamed Mixed Veggie Fresh Veggie w/ Hummus Mango Peach Applesauce Cup



February is **National Sweet Potato Month** & **NY Harvest of the Month**. Learn more about [them HERE](#)

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change. Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

In collaboration with
CAPITAL REGION
BOCES
 SHARED FOOD SERVICE PROGRAM

